

Deep clean

Pick any three. That's a good day.



Kitchen

-  Wipe the cabinet fronts 10 min ☐
-  Clean the range hood filter 10 min ☐
-  Deep clean the fridge 30 min ☐
-  Clean the oven 30 min ☐

Bathroom

-  Wash the shower curtain liner 5 min ☐
-  Scrub the grout 20 min ☐
-  Soak the showerhead 10 min ☐

Bedroom

-  Wash the duvet or comforter 10 min ☐
-  Wash the pillows 10 min ☐
-  Vacuum and rotate the mattress 15 min ☐

Living room

-  Dust the blinds 10 min ☐
-  Wipe the baseboards 15 min ☐
-  Dust the ceiling fan 5 min ☐
-  Wash the windows 30 min ☐

Laundry

-  Run a washer clean cycle 5 min ☐
-  Clean out the dryer vent 15 min ☐